



November Newsletter

Thought I would share a cute story with you this month. We spent a week learning about firefighters and how they are here to help them. We read books, sang songs and had a firefighter visit the class. One afternoon, after reading a book about firefighters recuing people from a fire, one of the children spoke up and said, "I want Paw Patrol to rescue me."

During the month of November, we will be learning about fall leaves, turkeys and Thanksgiving. Our emphasis for Thanksgiving will be how God provides for all our needs.



On **Friday November 16th**, we are having a **Sport's Team Dress-up Day**. So, dress your child in your favorite team's colors, shirt or jersey and then stop by at **11:00am** for our annual **Thanksgiving Luncheon**. Please come by and enjoy lunch with your child.



*School will be close on
Thursday November 22nd and
Friday November 23rd for the Thanksgiving holiday.*



This month's self-help focus will be **Asking for Help** instead of crying. We will guide the children through walking away from a situation and asking for help. We will help the children to learn to use words to express their feelings and needs. Feelings such as frustration, anger and disappointment will be introduced along with strategies to handle with these feeling such as taking a deep breath and counting to four or interacting with the sensory bottles or bins. If possible, please support your child through this learning process at home.