

Snack Ideas

Fresh fruit (bananas, grapes, melon, berries)

Cereal and Milk

Fruit cups

Applesauce (cups or jar)

Yogurt (cups, tubes, or tub)

Cheese (block or sticks)

Vanilla wafers

Nutrigrain Bars

Fruit squeeze pouches

Milk for our cereal

Gold fish

Cheese Puffs

Crackers (any flavor)

Sun Chips

Fruit Snacks

Rice Cakes

Snap Pea Crisps

Teddy Grahams

Veggie Straws

Cookies

Please don't forget to check the labels to verify that snacks do not contain peanuts or tree nuts, nor were they manufactured in a facility that also processes nuts.