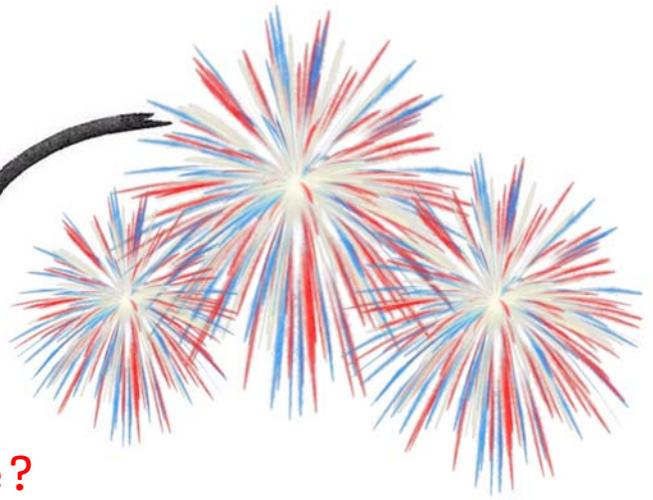




# July



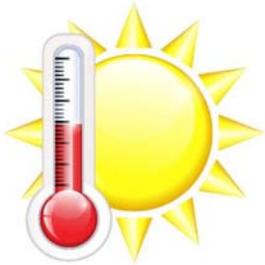
## Where has the time gone?

Our theme for July is Red, White and Blue!! We hope everyone enjoys the 4<sup>th</sup> of July as we celebrate our great country!

Congratulations to Ms. Phyllis on her retirement. We will miss her, but we hope that she will enjoy the time with her family and will come back and visit often.

Other changes occurring in our room are that the babies are growing up so fast and are ready to move to the next room. Akira, Ryan and Lincoln will be moving to the purple room with Ms. Madalyn and Ms. Teresa when she returns from summer break.

The children in the Purple Infant Room have lots of floor space to practice walking. The push toys encourage the children to walk across the room while building leg muscles, balance and stamina. The children also are encouraged to eat more finger foods and to begin to use a cup. Picking up foods helps with dexterity and hand-eye coordination. Chewing solid food also helps develop jaw muscles and tongue control which helps with speaking and vocabulary later.



It is hot hot hot this time of year. Please make sure that you use sunscreen for yourself and child; dress for the weather; and drink plenty of fluids. Dehydration can occur quickly this time of year. We will be outside early in the morning and later in the afternoon to enjoy the fresh air and sunshine when it is not quite so hot.

While we are inside, we will practice our motor skills with "Tummy Time". The babies reach, scoot, stretch, roll over, sit up, and begin to crawl and to start to stand while holding on to the furniture. It is so important to have this time of development for every child. At first, some infants are not a fan of tummy time because they love to cuddle with mommies and daddies. Reassure your child that you are still there by getting down on the floor with them and encouraging them to discover their muscles and hands and feet. It is great to watch them explore their surroundings and the physical exercise helps them to sleep as well.



Have a safe Celebration on the 4<sup>th</sup> of July!!

*Ms. Linda & Ms. Mary Ann*